

# Breakfast

## Cooked

Mini Full English	8
Smoked back bacon, Cornish pork sausage, mushrooms, scrambled eggs & vine roasted tomatoes. Served on sourdough toast.	
Smoked Salmon, Poached Eggs, Hollandaise	7.95
Served on sourdough toast.	
Smoked Back Bacon <u>or</u> Spinach, Poached Eggs, Hollandaise	7.5
Served on sourdough toast.	
Crushed Avocado, Chilli, Poached Eggs	6.5
Served on sourdough toast.	
Spinach & Cornish Blue Cheese Scrambled Eggs	7
Served on sourdough toast.	
Cinnamon & Raisin French Toast	7.5
Served with banana & honeycomb butter	
Heinz Baked Beans on Toast	4
Topped with cheddar cheese.	



## Continental

Homemade Granola, Yoghurt & Seasonal Compote	5
Our homemade granola, packed full of oats, seeds and dried fruits, topped with Greek yoghurt & seasonal compote.	
Toast & Preserves	2.5
A selection of delightfully original jams & bread from our local baker Chris Smith. Your choice of white, wholemeal or sourdough bread.	

## Drinks

Cappuccino / Flat White / Latte	2.5
Americano	2.25
Espresso	2
Pots of Tregothnan Tea	2
English Breakfast, Earl Grey, Green, Peppermint, Berry, Chamomile	
Fresh Orange Juice / Polgoon Apple Juice	1.25

*All of our ingredients are sourced locally from the best Cornish suppliers.  
Our dishes are prepared daily by our head chef Gareth Spencer and his team.*